## Work and Power

## - Is this kid working?



## Li Ping Phar (a famous ski jumper) glides

 down the ski jump in an attempt to break a world record. With the information given below, calculate the Potential and Kinetic Energies at the different points

## Energy Transformations



## Grade Homework

- Take out the Energy Worksheet
- Use the red pen to correct any errors that you might have


## Is this work?

1. A teacher applies a force to a wall and becomes exhausted.
2. A book falls off a table and free falls to the ground.
3. A waiter carries a tray full of meals above his head by one arm straight across the room at constant speed.
4. A rocket accelerates through space.

## What is Work?

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## Work and GERC

- The formula for Work is:

W = F * d
The unit for work N-m (Newton-meters) or the same as Energy (Joules)
W - Work (J)
F - Force (N)
d - distance (m)



- Two track runners are racing in the 100-meter dash
- One runner made it to the finish line in 12 seconds where the other runner made it in 14 seconds
- Which runner used more power?



## What is Power?

## Power and GERC

- The formula for Power is:
$\mathrm{P}=\mathrm{W} / \mathrm{t}$


The unit for Power is J/s or watts
P - Power (J/s)
W - Work (J)
t - time (s)


## Lab Time

- Your groups will be called out to perform the lab one at a time
- While you are waiting for your turn, complete your worksheet

